



IMPORTANT INFORMATION

- In all cases, a player can only play for ONE team per NIGHT, per LEAGUE, per SEASON.
 - You cannot, for example, play for one UCD Rugby team this Thurs and another one next Thurs - you stick to the same team at the start of the league
- Team names for our events can have no more than 20 characters in length. As team names are live on the TAGRUGBY.IE website and may also be published in local or national media, they should be suitable for a family audience. We therefore reserves the right to request a team captain to choose an alternative team name if we decide the original one is inappropriate or clashes with another team at the venue.
- If a kick off time changes within 48 hours of a match, the captain and vice-captain of the teams involved will be emailed, texted and/or called by Head Office with the revised KO time.
 - If the change is made more than 48 hours before a match, the change will be made on the website only; the captain and vice-captain will not be contacted. It is therefore the captain and/or vice captain's responsibility to check their match kick off time on the website within 48 hours of their game.
- We communicate primarily by email with the captains, vice-captains and registered players (if applicable) of teams who have registered for one of our events. Please make sure therefore that, at registration, you enter a valid email address for each person. You should also have regular access to your email account, as you will receive important information from us about the event you have registered for.

- Please also make sure that you have provided valid mobile contact numbers at registration. If we need to contact you urgently regarding your game, we will firstly try and ring and/or SMS you.

- Tag Rugby is a soft-contact sport and, as with all sport, there is a risk of injury. All players in an ITRA Event take part at their own risk and it is entirely at the discretion of each team and player whether or not to take part in an ITRA Event as a whole or in any particular game.

- As every player has different insurance needs, it is the decision and responsibility of each player to ensure they are fully covered in accordance with their specific requirements when participating in our events. We strongly recommend that each player has their own Personal Accident Cover in the case of an injury.

- All players who take part in one of our events agree to play in a sporting manner. We operate a Strict Zero Tolerance Policy where referees are encouraged to discipline players or supporters whenever they show disrespect to TAGRUGY.ie laws.

- For health and safety reasons, it is obligatory for all players to wear approved tag shorts at all our events. Only ITF approved shorts can be worn at ITRA events & leagues. Shorts can be purchased from www.tagrugbyshop.com Your Venue Manager will also have tag shorts for sale at the venue.

- Jersey's/ T Shirts should be tucked in at all times.

- Eye Glasses and Forward facing rigid peaked caps are not allowed to be worn at our events.

- Players should wear suitable footwear for the weather conditions and venue.
 - Certain Venues require ASTRO Boots or Runners only.
 - Pembroke CC, Park Avenue
 - Pembroke Hockey Club
 - UCD Patterson Hockey Pitch
 - UCD Hockey Pitch
 - Naas SC ASTRO Pitch
 - St Killians School

- **SOCIAL ONLY** There is a maximum of 2 x Internationals allowed per Summer Social team
 - International Players must declare which Social team they want to play for on Thursdays before Thurs 30th April

- If an International player plays for another team and not their declared team, normal laws for illegal player are enforced plus this player will be banned from Regional Team in 2015
 - Normal Laws for Illegal Player = Both teams the player played for that evening must forfeit their game 10:0

- **PREMIERSHIP ONLY** Squad lists must be submitted to info@tagrugby.ie one week before league starts.
 - Unlimited squad size for League but maximum 16 players each night
 - There is some flexibility allowed - you can bring in an unaffiliated player before any match if you are short numbers but you must declare this unaffiliated players as follows:
 - Inform your Venue Manager on the night; **AND**
 - Email info@tagrugby.ie within 24 hours of your match kick off time.
 - As standard Premiership laws, this player cannot already be on the squad list of another Premiership team in the League.
 - Premiership squads must adhere to International Quota Regulations.
 - Failure to adhere to this regulation means you have played an illegal player and thus your team forfeits the match.

- **PREMIERSHIP ONLY** We will email each captain a PDF with the squad list of every Premiership team before the league start. This is to make everything as transparent as possible. We will update this PDF of Premiership players and their teams throughout the league as unaffiliated players are added.

- **PREMIERSHIP ONLY** Numbered Jerseys
 - To help us improve standards with the league and allow us in the future keep track of Top Male / Female Try Scorer etc, all Premiership teams must wear numbered jerseys.
 - A player must write their jersey number and name on team sheet.
 - Each number must be legible.
 - Each player must have their own individual jersey number on the night (no duplicates).